



UNIVERSITY  
OF COLOGNE

# Mental health in times of **crisis**

The Physics Equality and Inclusivity Ombudspersons present:

**Wednesday 24<sup>th</sup> // Jan 2024**

LECTURE & DISCUSSION:

**MENTAL HEALTH IN TIMES OF CRISIS**

14:00-15:30 // Lecture Hall 1

No registration needed

WORKSHOP:

**COPING WITH CRISIS: MENTAL HEALTH  
STRATEGIES AND RESOURCES**

16:00-18:00 // Seminar room 1, ETP

**Please register for workshop here:**  
[forms.office.com/r/R9aGCY0VU4](https://forms.office.com/r/R9aGCY0VU4)



More Info:

